



BIOGRAPHY



Robert Six Owls

*Founder, Illuminated Heart Sanctuary
Ordained Shamanic Minister
Shamanic Breathwork Facilitator*

Robert Six Owls is a contemporary shaman healer. Blending ancient and modern mystical spiritual practices with emerging science and health discoveries, he is the bridger of worlds, aiding in the translation of mystery teachings for modern people.

His techniques initiate healing and awareness through combining mythology, meditation, music, and Shamanic Breathwork™. Shamanic Breathwork allows each of us to access our own inner healer. This holistic process facilitates reunification of lost soul parts, improving self-esteem, releasing negative energies, healing traumas, communing with the divine, spirit guides, and power animal energies.

To further facilitate energy flow for healing, Robert uses mastery of various energy healing techniques and Neuromuscular Massage Therapy. He is adept in healing lower back pain and chronic pain relief. His intuitive, sensitive, and gentle use of these disciplines helps open the way to attaining spiritual, mental, and physical wellbeing. He is a founder of Wildman Gathering, Mankind Project staff member, and Principal of the Illuminated Heart Sanctuary and Retreat non-profit organization.

Robert Six Owls lives and practices his healing arts at Illuminated Heart Sanctuary in the mystical blue mountain rainforest of western North Carolina. Enveloped within a community of healers, the Illuminated Heart Sanctuary is perfect for retreats.