



Illuminated Heart  
SANCTUARY



August 2015

# TRUE NORTH

A monthly alert to news & events at the Illuminated Heart Sanctuary

## Thanks to the many generous donors to the "Go With The Flow" campaign, our beautiful Healing Garden and Celestial Gazebo are nearing completion!

Watching the Healing Garden progress through the last few months has been most rewarding. It was certainly an emotional day when the gazebo was ceremoniously capped off with a large rose quartz finial.

This project – visually prominent to the Sanctuary's central property – transformed a failing pond into a healthy, spring-fed mountain stream spanned by a custom wooden gazebo surrounded by lush native trees and flowers.

More than 60 individuals contributed \$23,000 in donations via the "Going With The Flow" campaign. We are so thankful to those who shared our vision.

The culmination of many months of planning, land excavation, construction, landscaping – plus thoughtful input and generosity from many Sanctuary friends and supporters, the Healing Garden is at last a beautiful reality.

The final phase of the project includes additional plantings, natural staining of the gazebo, and a mandala painting on the inside gazebo ceiling.

This will be a Sanctuary focal point for many years to come – a source of pride for our spiritual community, a peaceful retreat for meditation, a lovely place for a small wedding, or other intimate ceremony and a true delight for the senses.



## Speaking of weddings, our Gazebo would be a great setting for a spring or fall ceremony – or how about a 4,000-foot event on our Spirit Temple Deck?

Beginning with the Spring 2016 wedding season, we will open the Sanctuary for those seeking a spiritual, non-denominational location for a small wedding or other ceremony. Complete details and pricing for the new wedding hosting programs will be available this Fall.


The programs will focus on outdoor venues within the beautiful Sanctuary grounds. The wedding / commitment ceremony programs are open to all of legal age – regardless of race, gender, spirituality, or sexual orientation.

The programs will range from small intimate ceremonies to affairs with up to 60 people and will be offered as simple venue rentals or complete turnkey planning services, including invitation design, floral/decor, catering, cake, ceremony, music, bar, photography, valet parking, and lodging.

Guests will enjoy sweeping, panoramic views of the mystical Blue Ridge Mountains from ceremonies held on our huge Spirit Temple Deck.



## WEDDINGS AT IHS



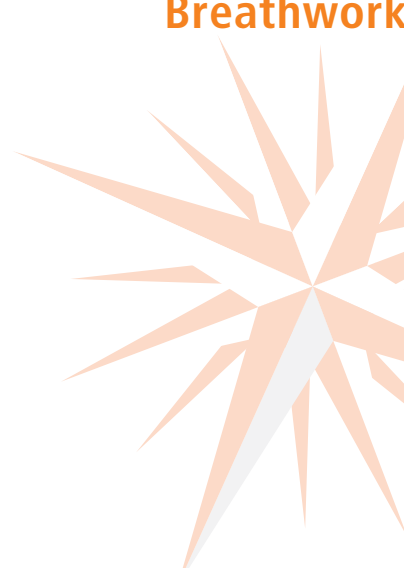
*"Providing a more spiritual, non-denominational venue that evokes a unique but simple serenity is in keeping with our mission to encourage people to freely embrace the lifestyle and religion of their choice – and to practice respect and freedom for the lifestyle and religious choices of others."*

Robert Six Owls  
Ordained Shamanic Priest  
Owner, The Illuminated Heart Sanctuary



# EVENTS

### About Shamanic Breathwork



Enter sacred space and shamanic time to awaken the vision of your soul's purpose through Shamanic Breathwork.™ We will combine sacred ritual, the power of breath, chakra attuned music, focused body work, mandala art, and group sharing in this powerful healing tool that integrates ancient shamanic wisdom with modern-day healing practices.

Shamanic Breathwork is gentle, safe and effective. Almost every person will have a deep, moving experience – resolve and release current problems; heal childhood wounds and birth traumas; past-life remembrances; encounter deities, angels, and nature spirits; travel time and space; and experience vibration in the form of inner light and deep peace.

Breathwork is healthy for the body. You will be conscious the whole time and in control. Bring a pillow, blanket, water bottle, and journal (optional). Please come prepared for transformation.

### About The Session Leader



Robert Six Owls is an ordained minister, a Master Shamanic Breathwork™ Facilitator, and owner of the Illuminated Heart Sanctuary retreat center in Whittier, NC.

Trained in multiple healing and spiritual practices, his passion is sharing this path with others by helping them to not only heal, but to profoundly access their own truth, power, and creative life force energy.

Six Owl's healing skills will fit comfortably into your life path – regardless of your background or spiritual traditions – for all religions, races, genders, ages, or sexual orientations.

Robert Six Owls has helped thousands in search of wisdom, divine guidance, or healing reconnect with their true spiritual self. He can do the same for you through the power of proven Shamanic Breathwork techniques.



### Introduction to Shamanic Breathwork With Robert Six Owls

Thursday, August 13th, 6:00 p.m. – 8:00 p.m.  
Mystic Elements  
4403 Park Avenue, Wilmington, NC 28403

Suggested donation: \$25

**REGISTER TODAY: Call 910.799.1001**

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### Robert Six Owls Leads a Transformational Intro to Shamanic Breathwork

Friday, August 14th, 6:00 p.m. – 8:00 p.m.  
The Sojourner Whole Earth Provisions  
414 S. Evans Street, Greenville, NC 27858

Suggested donation: \$20

**REGISTER TODAY: Call 252.758.7656**

# 02



### Introduction to Shamanic Breathwork With Robert Six Owls

Saturday, August 15th, 6:30 p.m. – 8:30 p.m.  
The Cloak & Dagger  
907 Miles Jamison Road, Summerville, SC 29483

Suggested donation: \$20 (cash only)  
Space is limited! Non refundable. Transferable.

**REGISTER TODAY: Call 843.871.8383**

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